

# Winter is ready.



## How about you? Prepare yourself for winter conditions.

### Start by asking yourself this: Do you really need to go?

In winter, sometimes the best defensive driving is staying at home. Can your trip be delayed or switched to another day? If not, the best defense is to prepare yourself. Follow these seven steps:

- 1. Check the current road conditions and weather forecast.** Listen to the radio, TV and visit DriveBC.ca. Again, ask yourself – is it safe to go?
- 2. Plan your route ahead of time.** Avoid any roads that may become dangerous during bad weather. Respect road closure signs and barriers and do not attempt to drive on these routes until they are re-opened.
- 3. Leave lots of time so you're not rushing to get to where you need to be.** Try to travel during daylight and consider delaying your trip if the weather is bad. Let someone know your route and planned arrival time.
- 4. Learn winter road skills.** If you are unfamiliar with driving in snow and icy conditions and your job requires you to be behind the wheel, ask your employer for winter driving training.

Through training and practice, learn how to brake safely, how to get out of a skid, and how your car handles in winter weather.

- 5. Keep at least four seconds distance between you and the vehicle in front of you.** This will allow plenty of room in situations where you may need to brake suddenly on a slippery surface.
- 6. Wear comfortable clothing that doesn't restrict your movement while driving.** Bring warm clothing (winter boots, coat, gloves and hat) with you in case you need to get out of your vehicle.
- 7. Have an emergency plan.** If you get stuck or stranded, don't panic. Stay with your vehicle for safety and warmth. If you have a cell phone and it is an emergency, call 911. Otherwise, call for roadside assistance.

### Know before you go.

[ShiftIntoWinter.ca](http://ShiftIntoWinter.ca) | [DriveBC.ca](http://DriveBC.ca)



Disclaimer: This tip sheet does not take the place of professional occupational health and safety advice and is not guaranteed to meet the requirements of applicable laws, regulations, and rules, including workplace health and safety laws and motor vehicle and traffic laws. The members of the Winter Driving Safety Alliance and their respective employees, officers, directors or agents (collectively the "WDSA") assume no liability for or responsibility for any loss or damage suffered or incurred by any person arising from or in any way connected with the use of or reliance upon the information contained in this tip sheet including, without limitation, any liability for loss or damage arising from the negligence or negligent misrepresentation of any of the WDSA in any way connected with the information contained in this tip sheet. The information provided in this tip sheet is provided on an "as is" basis. WDSA does not guarantee, warrant, or make any representation as to the quality, accuracy, completeness, timeliness, appropriateness, or suitability of any of the information provided, and disclaims all statutory or other warranties, terms, or obligations of any kind arising from the use of or reliance upon the information provided, and assumes no obligation to update the information provided or advise on future developments concerning the topics mentioned. (09-2014)